

RADY FACULTY OF HEALTH SCIENCES PRESENTS

HEALTH TALKS

engage your mind

7:00 PM - 8:30 PM

NOV 19 | DEC 11 | JAN 16 |
FEB 21 | MAR 18

The general public is invited to join us for a series of stimulating and interactive public lectures by acclaimed Rady Faculty of Health Sciences professors and instructors. They will tackle timely health and wellness issues, answer your questions and share their knowledge and expertise. By the end of the series, you will gain more insight into health care for your brain and body.

Monday, November 19, 2018

To Vape or Not to Vape

Cannabis Debate
Smoking Cessation

Tuesday, December 11, 2018

What Your Gut is Telling You

Irritable Bowel
Colon Cancer Update

Wednesday, January 16, 2019

Maintaining Balance

Dizziness and Vertigo
Falls Prevention Skills

Thursday, February 21, 2019

Heart Smart Gals Won't You Come Out Tonight

Making Sense of Cholesterol Results
Cardiology Vascular Disease in Women

Monday, March 18, 2019

Diabetes

My Sugars Are Up - Now What?
Diabetes Wound Care Skills

**FREE ADMISSION
ALL SESSIONS FROM 7:00 - 9:00 PM
AT THE REH-FIT CENTRE
1390 TAYLOR AVENUE**



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OF MANITOBA

Rady Faculty of Health Sciences

REH**FIT**
CENTRE