



Reh-Fit
**LEGACY
SOCIETY**

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LEAVING A LEGACY THAT
BENEFITS COMMUNITY HEALTH

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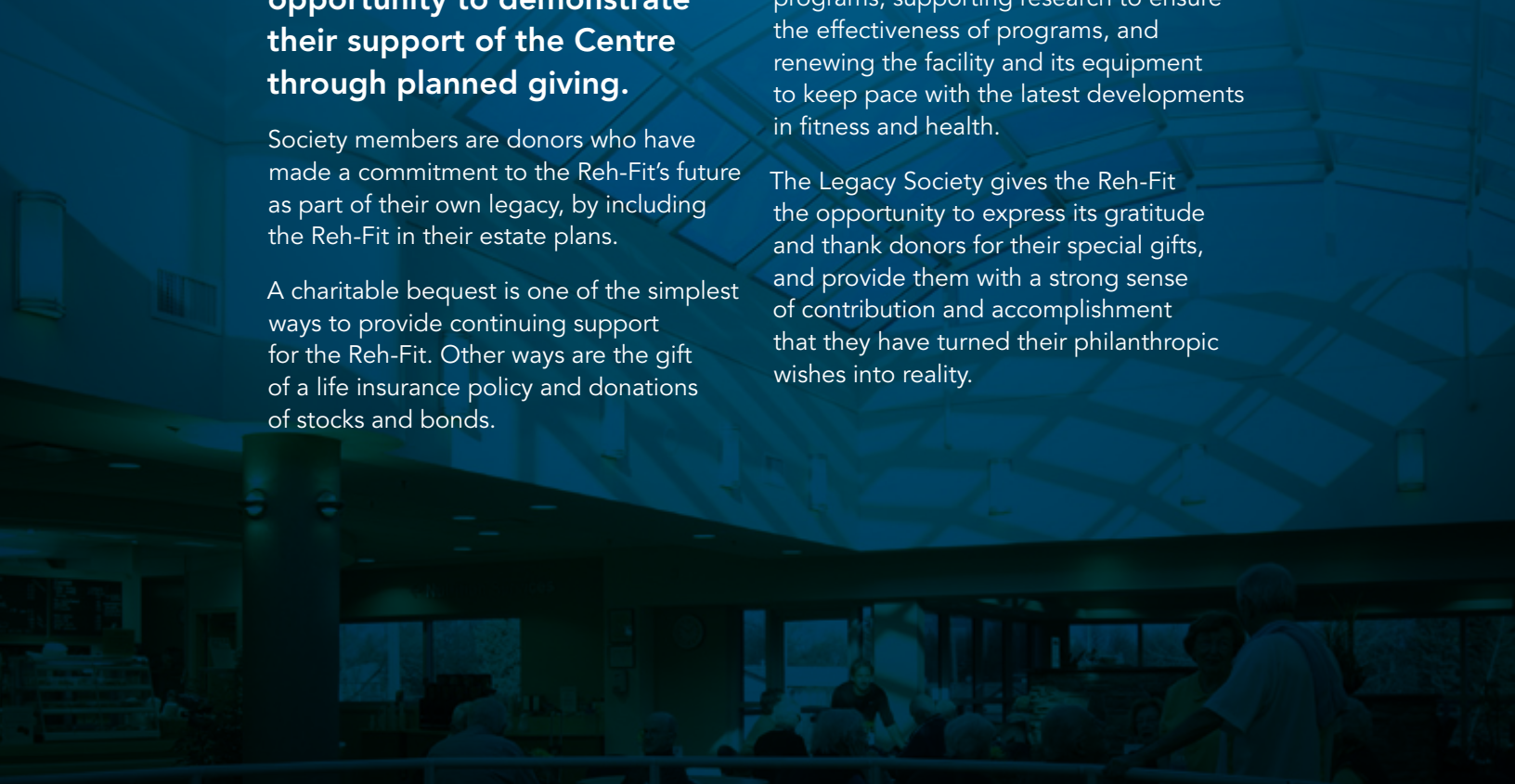
The Legacy Society was established in 2009 to give committed individuals an opportunity to demonstrate their support of the Centre through planned giving.

Society members are donors who have made a commitment to the Reh-Fit's future as part of their own legacy, by including the Reh-Fit in their estate plans.

A charitable bequest is one of the simplest ways to provide continuing support for the Reh-Fit. Other ways are the gift of a life insurance policy and donations of stocks and bonds.

Whatever form their gift takes, Legacy Society members enable the Reh-Fit to better benefit community health by adding leading edge health and fitness programs, supporting research to ensure the effectiveness of programs, and renewing the facility and its equipment to keep pace with the latest developments in fitness and health.

The Legacy Society gives the Reh-Fit the opportunity to express its gratitude and thank donors for their special gifts, and provide them with a strong sense of contribution and accomplishment that they have turned their philanthropic wishes into reality.



No Planned Gift Is Too Small

Regardless of their means, almost anyone can plan a legacy gift that will support an organization they care about, such as the Reh-Fit. No planned gift is too small.

To ensure that your generosity is aligned with your giving and financial goals, the Reh-Fit Foundation is prepared to work with your estate planner, tax specialist, or other professional advisor to assist you in arranging a planned gift.

Those who provide a gift are appropriately recognized by the Centre, and serve to inspire others to give.

If you would like to become a member of the Legacy Society, have already included the Reh-Fit in your will, or would like more information about planned giving opportunities and tax savings, please contact the Reh-Fit Foundation office at 488-9325.

Why I Joined the Reh-Fit's Legacy Society

Reasons for joining the Reh-Fit's Legacy Society are many and varied. Here, several members of the Society share their reasons for joining and why helping to ensure a bright and enduring future for the Centre is so important to them.



Gail Singer

I want to give back to the Centre.

"The Reh-Fit has played an important part in my life. I made some wonderful friendships there, stayed in shape for optimum quality of life, and enjoyed a sense that guidance and support were always available if I needed them."

Gail has made a bequest to the Reh-Fit in her will through the Legacy Society. "I want to give back to the Centre. I am so grateful for all that it has done for me. It has also played an important role in a lot of people's lives, and I want to do my part in helping sustain the Centre in that role."



Dan Torbiak

I have seen first-hand that dollars from fundraising are well spent.

Dan Torbiak, who joined the Reh-Fit 10 years ago, believes in healthy living, and so does his family, who are also members. He served for five years on the Reh-Fit's volunteer Board of Directors, which is responsible for the overall direction of the Centre.

Dan joined the Legacy Society for several reasons. "The Reh-Fit rehabilitates as well as prevents illness. It encourages the community to enjoy healthy, active living, for quality of life. As a member of the Reh-Fit Board, I have seen first-hand that dollars from fundraising are well spent and deliver the best possible outcomes for the community.

"I see the names on the donor wall, I recognize the superb generosity of Paul Albrechtsen, and I know that membership in the Legacy Society will help ensure the Reh-Fit's continued value to the community. All of these factors have inspired me to join the Society."



David Holt

The Reh-Fit has become my family.

In 2005, David Holt entered the Cardiac Rehabilitation program suffering from angina as well as adult onset diabetes. Now, six years later, he is a regular member and works out five days a week for an hour and a half each time. "I usually make a morning of it, starting with a group of us who meet for coffee."

He says he is grateful for the work that the Reh-Fit has done for him. "I'm in better shape now than I've ever been."

He also appreciates the staff who create a welcoming and safe environment.

And if he should miss a day, someone from his coffee group will call to ask if he's okay.

"The Reh-Fit has become my family," he says. "What better way to express my appreciation than to make a bequest to the Centre in my will?"



Tom Dooley

The Reh-Fit is a great community institution.

Tom Dooley, who joined the Reh-Fit in 1983, has served on both Reh-Fit Boards. He is a regular donor through the annual giving campaigns, was a major donor during the Capital Campaign that helped raise money to complete the renovation of the Centre, and was one of the first to join the Legacy Society.

"The Reh-Fit is a great community institution, like a great hospital or a great university, and is deserving of support," he said. "I love the place and want it to continue to flourish. A legacy gift is another way of confirming to my friends and family how the Reh-Fit added to the quality of my life. A legacy gift can also be more substantial than a gift given in one's lifetime, as it will be paid from the residue of one's estate, will be tax deductible, and will not require any compromises in retirement life.



David Newman

I consider the Reh-Fit is a cause worthy of a lasting legacy.

David Newman joined the Reh-Fit in 1982, served on the Boards of Directors of the Reh-Fit and its Foundation, and led the Capital Campaign which raised nearly \$1.76 million to help cover the cost of renovating the Centre.

He joined the Legacy Society because, "I have taken part in the Reh-Fit's operation and seen the good it does. I have helped raise funds for it, and know they are well spent. And I suggested the idea of a Legacy Society several years ago, because I consider the Reh-Fit is a cause worthy of a lasting legacy."



Margaret Barbour

I joined the Legacy Society to ensure support for staff development and skills enhancement.

Margaret Barbour joined the Reh-Fit in the early 1990s and has stayed on ever since. She served on the Centre's Board of Directors, later holding the position of President from 1996 to 1998. She has made regular donations to the Centre through the annual giving campaigns.

"Perhaps because of my years in the field of Health and Gerontology, I joined the Legacy Society to ensure support for staff development and skills enhancement."



Membership Form

We would like to invite you to the Reh-Fit Legacy Society. Your intention to give a planned gift would be greatly appreciated and we would be pleased to have you as a member.



I have made a gift in my Will to the
Manitoba Cardiac Institute (Reh-Fit) Foundation Inc.
(please complete the form below – all sections)

Please call me as I/we would like more information about the Reh-Fit's Legacy Society.
(please complete the contact information portion)

Please check the appropriate box:

- I/we have left a specific cash gift in a Will.
- I/we have left a share of the estate residue in a Will.
- I/we have named the Reh-Fit as a beneficiary of a life insurance policy or RRSP/RRIF.
- Other (please specify) _____

Approximate amount of gift (optional) \$_____

Contact Information

Name _____

Address _____

City _____ Province _____ Postal Code _____

Telephone _____ Email _____

Signature _____ Date _____

Name(s) as they are to appear in donor listings:

Please check all that apply:

- Yes, I/we approve of my/our name to be recognized in Reh-Fit publications.
- I/we choose to remain anonymous.

Other Information –

We would like to know more about you!

What inspired you to make a gift to the Reh-Fit? _____
