



FITNESS PROFESSIONAL (PART TIME)

The Reh-Fit Centre currently has an opening for a part time Fitness Professional. We are looking for an individual who exhibits the core values behind our mission (integrity, professional, evidence, caring, and innovation), who represents the vision of the Centre by demonstrating a strong customer service philosophy, a professional image, and a commitment to helping people live a healthier life.

This position will be responsible for assisting clients to achieve their desired health and fitness outcomes by conducting assessments, interpreting results, prescribing exercise programs, developing and delivering programs, recommending programs, providing coaching and support, and monitoring health and fitness progression.

As the ideal candidate, you will have an undergraduate degree in Kinesiology with specialization in the human performance sciences and the following experience and certifications:

- Current Health Care Provider Level C CPR. Certification must be kept current.
- Completion of the CSEP – CEP (clinical exercise physiologist)
- Previous experience designing and delivering group fitness programs and conducting health and fitness assessments is required.
- Minimum two years' experience working in a related fitness position would be an asset.

The successful candidate will need to provide satisfactory proof that the candidate is fully vaccinated for Covid-19. If the candidate cannot obtain the vaccination for medical or other reasons protected under *The Human Rights Code*, the Centre will provide accommodation to the point of undue hardship.

Interested individuals who are available to work days, evening and weekend shifts are invited to submit their resumes.

Rhea Vaags-Olafson, Director of Health and Fitness

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Only those selected for an interview will be contacted.

